

## Community Sport Holiday Activity Programme

During school half terms, the Community Sport Department runs an exciting Holiday Activity Programme. The Programme is run on behalf of Ivybridge Community College and adheres to the recommended guidelines of Devon County Council, the Children's Act and Ofsted.

### Tuesday, 29 May 2018

**Plymouth Argyle Football Strikers and Goalkeepers Course:** 10.00am-3.00pm, 5-14 years, £16. Featuring fun-filled football sessions, small-sided games, and skill development. Indoor facilities are unfortunately not available in the event of bad weather, so please bring suitable clothing and footwear (no blades or studs). Please note Ivybridge Community College is the venue. To book call Plymouth Argyle Football Club, on 01752 562561 (Extension number 4).



### Tuesday, 29 May 2018

**Art Workshop – Castles and Palaces:** 10.00am-4.00pm, 8-16 years, £15. Using model making materials, design and build your own castle or palace ready to decorate. Imagine how you would make it a fantastic place to live. Will your fantasy home have a moat, a draw-bridge and turrets or something more 'state of the art'? Is there a need for protection against dragons and invading armies? Led by Professional Artist, Felicity Shillingford. To book email: [comsport@ivybridge.devon.sch.uk](mailto:comsport@ivybridge.devon.sch.uk) or call 01752 698315.



### Tuesday, 29 May 2018

**FUNDamental Movement + Fitness Camp:** 10.00am-2.00pm, 8-12 years, £20. Includes fun movement games, youth strength and fitness sessions. Led by the College Strength and Conditioning Coach, Mr Andy Taylor. To book email: [ataylor@ivybridge.devon.sch.uk](mailto:ataylor@ivybridge.devon.sch.uk)



### Wednesday, 30 May 2018

**Bikeability Learn to Ride:** 10.00am-12.00pm or 1.00pm-3.00pm, 7-16 years, £10. This two hour course is designed for those who are struggling to master the skill of cycling, or who have never learnt to cycle. Participants are taught the skills necessary to cycle with confidence. The course is run by Plymouth School Sports Partnership. To book visit <http://www.cyclepssp.co.uk>



### Wednesday, 30 May 2018

**Athletics Academy:** 10.00am-3.00pm, 8-14 years, £15. Improve your athletics across a wide range of track and field events. The Academy is run by our local Athletics Club, the Erme Valley Harriers. To book email: [comsport@ivybridge.devon.sch.uk](mailto:comsport@ivybridge.devon.sch.uk) or call 01752 698315.



### Thursday, 31 May 2018

**Bikeability Level 1:** 10.00am-12.00pm or 1.00pm-3.00pm 7-8 years (School Year 3 & 4), free of charge. This two hour course is designed to allow new riders to learn to control and master their bikes in a space away from traffic. The course is run by Plymouth School Sports Partnership. To book visit <http://www.cyclepssp.co.uk>



### Friday, 1 June 2018

**Bikeability Level 3:** 9.00am-3.00pm, 11 years and over (School Year 7 and above), free of charge. This one-day course is designed to equip trainees with skills for more challenging roads and traffic situations – busier streets, queuing traffic, complex junctions and roundabouts. It also includes planning routes for safe cycling. The course is run by Plymouth School Sports Partnership. To book visit <http://www.cyclepssp.co.uk>



### Simple steps to book places

1. Contact the course provider and reserve a space.
2. Complete Consent/Booking Form.
3. Return Form along with a cheque made payable to 'Ivybridge Community College'.
4. For sessions held at Ivybridge Community College please register at Sport Centre Reception.
5. For full day activities, drinks and a packed lunch are required, drinks and snacks for half day.